

Research Participant Information Sheet

Date: 9 April, 2025

Research Title: Exploring the needs and experiences of unpaid dementia carers of Caribbean heritage in the United Kingdom through life story work.

Invitation to Participate: My name is Feyisola Raimi-Abraham. I am a PhD student at London Metropolitan University. I am researching the needs and experiences of unpaid dementia carers of Caribbean heritage in the United Kingdom. I am inviting you to take part in this research study. Please take the time to read through all of this information and do please ask if there is anything that you would like to clarify or ask about this study. If you accept the invitation to take part in this research, please note that your participation is entirely voluntary, and you can withdraw at any time.

Research Aims:

The aims of this research are: to explore the use of life story work with unpaid dementia carers of Caribbean heritage as a means of improving engagement with dementia services; and to assess whether life story work with unpaid carers can facilitate early engagement with dementia services, thereby improving engagement with those services by people living with dementia and their carers who are of Caribbean heritage.

Why you have been invited:

You have been invited to take part in this research because you have been identified as being an unpaid carer of Caribbean heritage who has looked after, or is currently looking after a relative, friend or loved one who is living with dementia.

Do you have to take part?

No. Your participation in this research is completely voluntary. You can withdraw at any point without giving a reason.

What can I expect if I decide to take part?

If you accept this invitation to take part in the research, I will contact you to arrange a suitable time and place to interview you. The interview questions will be about your life, your experience of using dementia services as an unpaid carer, and your needs or suggestions about how dementia services can be improved to serve the Caribbean community better.

Will confidentiality be honoured?

Yes. The interview output is confidential. I will not use real names, exact location, and other personal details in the research.

Do I have the option to be named in the research?

Yes. Please let me know if you do wish for me to use your real name, location and/or personal details.

However, the identity and any other features of the person(s) who are/were living with dementia will be protected and will always remain anonymous.

What are the benefits of taking part in the research?

By taking part in the research you will be helping in the search for an effective way to improve dementia service provision for people of Caribbean heritage in the United Kingdom.

What are the disadvantages of taking part in the research?

None. However, there will be a need for you to be available to be interviewed on a mutually agreed date, time and at an agreed location.

Will I receive any payment for taking part in the research?

No. There is no payment for taking part in the research.

What will happen to my data?

Your data will be stored online in a password-secure folder throughout the research. On conclusion of the research, all of your data will be deleted from the folder.

What happens if I withdraw from the research?

If you withdraw from the research I will delete all of your data, including any interview recordings that may have been saved.

Who has reviewed this research?

This research has been reviewed and approved by the London Metropolitan University research ethics committee

For further information please contact:

1. Feyisola Raimi-Abraham, email: FER0077@my.londonmet.ac.uk
2. Professor Anne Karpf, email: A.Karpf@londonmet.ac.uk
3. Dr. Natasha Choudary, email: n.choudary@londonmet.ac.uk

For complaints or concerns please contact:

Professor Anne Karpf, email: A.Karpf@londonmet.ac.uk

Thank you for considering taking part.