Carer Events in May during Dementia Action Week

Birmingham Carers Hub is supporting Dementia Action Week by holding additional events to support friends, neighbours and family who support someone living with dementia.

Below is our timetable of events or to take a closer look, click here.

| Wednesday 8 May | 10am -12 noon | Hawkesley Community Centre, Edgewood Road, Kings Norton, B38 9RN | Find out about the importance of hydration at this awareness session. | Dementia Carers Hub/ Age UK Birmingham |
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| Wednesday 8 May | 1pm-3pm | Falcon Lodge Community Hub, Newdigate Road, Sutton Coldfield, B75 7LB | Find out about the importance of hydration at this awareness session. | Dementia Carers Hub/ Age UK Birmingham |
| Friday 10 May | 11.30am -12.30 pm | Online - book <u>here</u> | This session will explore things that Carers need to consider at the time of diagnosis and planning for the future. | Dementia Carers Hub/ Dementia Carers Count |
| Monday 13 May | 10am-12 noon | Communitea Café 78 Boldmere Rd, Boldmere, Sutton Coldfield B73 5TJ | Meet the Dementia Carers Hub Dementia Advisors to get advice & support for Carers. | Dementia Carers Hub/ Age Concern Birmingham |
| Monday 13 May | 10am-1 pm | Heartlands Hospital | Information Stand | Alzheimer's Society |
| Tuesday 14 May | 9am - 1pm | Three Trees Community Centre, Hedingham Grove, B37 7TP | Marketplace Event | Alzheimer's Society |
| | 10am-12 noon | Communitea Café 78 Boldmere Rd, Boldmere, Sutton Coldfield B73 5TJ | Meet the Dementia Carers Hub Dementia Advisors to get advice & support for Carers. | Dementia Carers Hub/ Age Concern Birmingham |
| | 10am-1pm | Queen Elizabeth Hospital | Information Stand | Alzheimer's Society |
| | 10:30-12:30 | Birmingham Settlement Centre | Information Stand | Alzheimer's Society |
| | 11am - 1pm | Spring Housing, 22 Old Walsall Rd, Handsworth Wood, B42 1DT | An information session for unpaid Carers on caring for someone with a recent diagnosis. | Dementia Carers Hub/ Age UK Birmingham |
| Wednesday 15 May | 10am-12 noon | Communitea Café 78 Boldmere Rd, Boldmere, Sutton Coldfield B73 5TJ | Meet the Dementia Carers Hub Dementia Advisors to get advice & support for Carers. | Dementia Carers Hub/ Age Concern Birmingham |
| | 10am-1pm | Juniper Centre, Moseley Hall Hospital | Information Stand | Alzheimer's Society |
| | 10am-1pm | Good Hope Hospital | Information Stand | Alzheimer's Society |
| | 10am-1pm | Marie Curie Solihull | Marketplace Event | Alzheimer's Society |
| | 11am-2pm | Panel Croft | Information Stand | Alzheimer's Society |
| Thursday 16 May | 10am-12 noon | Communitea Café 78 Boldmere Rd, Boldmere, Sutton Coldfield B73 5TJ | Meet the Dementia Carers Hub Dementia Advisors to get advice & support for Carers. | Dementia Carers Hub/ Age Concern Birmingham |
| | 10am-1pm | Solihull Hospital | Information Stand | Alzheimer's Society |
| | 10:30am – 12:30pm | Handsworth Library | Information Stand | Alzheimer's Society |
| Friday 17 May | 10am-12 noon | Communitea Café 78 Boldmere Rd, Boldmere, Sutton Coldfield B73 5TJ | Meet the Dementia Carers Hub Dementia Advisors to get advice & support for Carers. | Dementia Carers Hub/ Age Concern Birmingham |

















What's on for

Dementia Carers