



ONLINE DEMENTIA CARER

INFORMATION SESSIONS

Empowering carers with knowledge and support. Join our **FREE** carer information sessions to gain valuable insights, practical tips, and resources.

Behaviour changes and dementia

Friday 12th April 2024
11.30am - 12.30pm

Understanding what could be behind behaviours and ways of trying to support the person and yourself as a carer.

[Click here to book!](#)

Medication and dementia

Friday 26th April 2024
11.30am - 12.30pm

This session will explore medications, side effects and supporting the person.

[Click here to book!](#)

Supporting someone with a recent diagnosis?

Friday 10th May 2024
11.30am - 12.30pm

This session will explore what you may wish to consider at the time of diagnosis as an unpaid carer and planning for the future.

[Click here to book!](#)

Dementia and becoming lost or disorientated

Friday 24th May 2024
11.30am - 12.30pm

Considering what causes possible to wander, become disorientated to time, place and managing risk.

[Click here to book!](#)

Meaningful activity and dementia

Friday 14th June 2024
11.30am - 12.30pm

This session will look at ways of supporting the person with activities, considering needs and understanding changes in abilities.

[Click here to book!](#)

Life after caring

Friday 28th June 2024
11.30am - 12.30pm

So what comes next after caring ends? In this session we will talk about this difficult time and give space for people to talk.

[Click here to book!](#)

Birmingham Carers Hub offers a range of support to those who look after someone living with dementia. We have three delivery partners (Age Concern Birmingham, Age UK Birmingham and Dementia Carers Count) who together form the Dementia Carers Hub.



FOR MORE INFORMATION :



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