



# Carers Week Events

We're supporting Carers Week!



Tuesday 6 June



5-11 June 2023

Date	Time	Event Details	Organiser	Event Location and Booking Details
Tues 6 June	09:00 - 12:00	Promoting the Carer Support Service within the Hospital	NHS University Hospitals Birmingham NHS Foundation Trust	<b>Good Hope Hospital</b> - Carer & Staff engagement on wards and hospital departments Only open to Carers within the hospital during this time. Contact <a href="mailto:carers@uhb.nhs.uk">carers@uhb.nhs.uk</a> and find out what support is available to you as a Carer.
Tues 6 June	10.00 - 12:00	Dementia Carers Hub Advisor Information & Advice Drop in	Information & ADVICE SERVICE Delivered by Age Concern Birmingham	<b>Communita Café</b> - 76-78 Boldmere Road, B73 5TJ No booking required.
Tues 6 June	10:00 –13:00	Dementia Carers Hub Advisor will be at Home Instead Dementia Café- come along!	Information & ADVICE SERVICE Delivered by Age Concern Birmingham	<b>All Saints Church</b> - Bellwell Lane, Four Oaks, B74 4TR
Tues 6 June	10:30 - 12.30	Adult Social Care Drop in	Birmingham City Council	<b>Brandwood Community Centre</b> - Brandwood and Kings Heath plus Druids Heath and Moneyhull Wards No need to book, just call in.
Tues 6 June	Meet at 11am 11:30 - 13:00	Hydrotherapy for Carers (10 spaces)	OSCAR Birmingham Organisation for Sickle Cell Anaemia Relief and Haemoglobinopathy Support	<b>OSCAR Birmingham</b> - 22 Regent Place, Birmingham, B1 3NJ. Meet at OSCAR for 11am- Open to Sickle Cell Carers only. Contact Nimrah on <b>0121 212 9209</b> for details.
Tues 6 June	11:45 - 12:45	Tai Chi for Carers		<b>Birmingham Buddhist Centre</b> - 11 Park Road, Moseley, B13 8AB No booking required.
Tues 6 June	12:00 - 14:00	Dementia Carer Support Group- Yardley	Support Group Yardley Delivered by Age UK Birmingham & Age Concern Birmingham	<b>Stechford leisure centre community room</b> - Station Road, Birmingham, B33 8QN No booking required
Tues 6 June	12:00 - 15:00	Young Adult Carer Information and Advice Drop-in		<b>Coffee #1- Sutton Coldfield</b> , 69-73 The Parade, Sutton Coldfield, B72 1PA No booking required- call Alan for more info <b>07931277708</b> .
Tues 6 June	13.30 - 15:30	Dementia Carers Hub Advisor will be at Sing me sunshine Group- come along!	Information & ADVICE SERVICE Delivered by Age Concern Birmingham	<b>St Columba's Church Hall</b> - Banners Gate Road, B73 6TX
Tues 6 June	15:00-1600	Promoting the Carer Support Service within the Hospital	NHS University Hospitals Birmingham NHS Foundation Trust	<b>Good Hope Hospital</b> - Carer & Staff engagement on the recently opened wards <b>W28 &amp; W29</b> Only Open to Carers within the hospital during this time. Contact <a href="mailto:carers@uhb.nhs.uk">carers@uhb.nhs.uk</a> and find out what support is available to you as a Carer.

Booking is required

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