



Network for Carers - Who We Support

To be eligible for support from Network for Carers you must be a carer in the Armed Forces community. Please see below for details of eligibility:

- ❖ You must either be serving, have served in the Armed Forces, or be the dependent or carer of someone who is serving/has served. Dependents include children, spouses, and partners.

- ❖ We consider an adult or child to be a carer if they look after a family member, partner or friend who needs help because of their illness, frailty, disability, a mental health problem, or an addiction and cannot cope without their support.

- ❖ Examples of who we support include:
 - Veterans who are carers
 - Carers who care for a veteran
 - Carers who have a serving person in their immediate family (but the person they care for is not the serving person)
 - Carers who currently serve in the UK Armed Forces

- ❖ Network for Carers social groups are open to individuals aged 18 years and over, there is no upper age limit. We hope to extend our programme of support to young carers in the future.

The support provided by Network for Carers is not aimed at paid care workers who provide care as part of their employment.